



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# INDOOR POOL SCHEDULE

WARREN COUNTY YMCA

March 24 - May 31, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	
7:00-7:45am Lap Swim / Exercise	7:00-8:45am Lap Swim / Exercise	7:00-8:45am Lap Swim / Exercise	7:00-8:45am Lap Swim / Exercise	7:00-7:45am Lap Swim / Exercise	
8:00-8:45am Aqua Aerobics		8:00-8:45am Aqua Aerobics		8:00-8:45am Aqua Aerobics	8:30-10:00pm Private Lessons
9:00-10:00am Lap Swim/ Exercise	9:00-9:45am Aqua Aerobics	9:00-10:00am Lap Swim/ Exercise	9:00-9:45am Aqua Aerobics	9:00-10:00am Lap Swim/ Exercise	9:00-9:45am Aqua Zumba@ *1 Lap Lane Open
10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-11:30am Group Swim Lessons *Lap Lanes Open
10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	
					11:30-12:00pm POOL CLOSED
12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-3:30pm OPEN SWIM
2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	
3:00-4:00pm OPEN SWIM	3:00-4:00pm OPEN SWIM	3:00-4:00pm OPEN SWIM	3:00-4:00pm OPEN SWIM	3:00-7:30pm OPEN SWIM	
3:00-6:00pm Private/Semi- Private Lessons *1 Lap Lane OPEN	3:00-5:00pm Private/Semi- Private Lessons *1 Lap Lane OPEN	3:00-6:00pm Private/Semi- Private Lessons *1 Lap Lane OPEN	3:00-5:00pm Private/Semi- Private Lessons *1 Lap Lane OPEN		
5:00-5:45pm Aquatic H.I.I.T.  *Lap Swim/Lanes CLOSED	5:00-6:00pm Group Swim Lessons *Lap Swim/Lanes CLOSED	5:00-6:00pm Aqua Zumba@  *Lap Swim/Lanes CLOSED	5:00-6:00pm Group Swim Lessons *Lap Swim/Lanes CLOSED		
			5:30-6:00pm Parent & Child Swim Class *Lap Swim/Lanes CLOSED		
6:00-7:30am OPEN SWIM	6:00-7:30am OPEN SWIM	6:00-7:30am OPEN SWIM	6:00-7:30am OPEN SWIM	6:00-7:30am OPEN SWIM	

WARREN COUNTY YMCA

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