



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH SWIM LESSONS WARREN COUNTY YMCA

## Group Swim Lessons

### Level 1: Beginner

#### Ages 3-5 Years

This class teaches the beginner/basic skills needed for children to begin their journey into the water including introductory stroke development and water confidence. (Beginner 3 Belt Used)



### Level 2: Advanced Beginner

#### Ages 3-5 Years

This class teaches children to swim further distances using skills learned in Level 1 while introducing new skills. Successful completion of Level 1 required. (Advanced 1-2 Belt Used)



### Level 3: Intermediate Beginner

#### Ages 6-12 Years

This class focuses on gaining confidence in the water, floating/gliding on their front/back, and begin basic stroke development skills. Goals including getting away from using float belts! Beginner Class for kids 6 & Older OR completion of Level 2 required. (Advanced 1-2 Belt Used)



### Level 4: Advanced Intermediate

#### Ages 6-12 Years

This classes teaches students to begin to perfect the front crawl with rhythmic breathing, and perfecting how to do backstroke. Students will start building endurance and coordination in the water. Successful completion of Level 3 is required. (No Belts Used in this Class)



### Level 5: Advanced

#### Ages 6-12 Years

Reviewing, mastering and advancing past skills learned in level 4. Intro to underwater swimming, and advanced swim techniques. Successful completion of Level 4 required. (No Belts Used in this Class)



### Level 6: Swim Team Prep/Swimming & Skills Proficiency

#### Ages 6-12 Years

This class is designed to help kids work together and master swim skills. This class practices and reviews all the skills learned in prior levels, as well as continues learning and advancement on even more advanced skills that lead towards future swim goals such as swim team.

Successful completion of Level 5 OR an OK from Swim Lessons Director OR Head Swim Team Coach Needed to Participate in this Class. Class will take place 2 days per week.



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## Private/Semi-Private Lessons Ages 3 & Up

Group Swim Lessons are not for everyone or may not work best with your busy schedule. Private or Semi-private Swim Lessons may be for you. If interested, call us at 309-734-3183, stop by the Front Desk to inquire, or email Ben Davis, Youth Development Director at [ben@warrencountyyymca.org](mailto:ben@warrencountyyymca.org) for additional info.

### Monday-Saturday (Depending on Instructor Availability)

#### Group Lessons Schedule: March-April Session Schedule (Including New Classes & Times)

Weekday Times	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend Times	Saturday
4:30pm		Level 1				10:00am	Level 4-5 (COMBO)
5:00pm		Level 2		Level 1 Level 2		10:30am	Level 3
5:30pm	Level 6*	Level 3 Level 4	Level 6*	Level 3 Level 5 Parent/Child Class		11:00am	Level 1-2 (COMBO)

### Session: March-April

March 1 - April 30

Registration Open:

February 15, 2025

Scan the QR code to Register ONLINE for Group Lessons. Call us at (309) 734-3183 or register in person for Private Lessons.



### Level 1-5

(Per Child & 1 Class Per Week during session)

**Members: \$60**

**Non-Members: \$85**

### NEW\* Level 6-Swim Team Prep

(Per Child & 2 Classes Per Week during session)

**Members: \$100**

**Non-Members: \$125**

### Private Lessons

(Per Child & 2-Month Session)

**Members: \$85**

**Non-Members: \$110**