



FOR YOUTH DEVELOPMENT™
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

INDOOR POOL SCHEDULE

WARREN COUNTY YMCA

December 2 – December 14, 2024 (Pool Closes at Noon on December 14th)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30–7:00am Adult Lap Swim	5:30–7:00am Adult Lap Swim	5:30–7:00am Adult Lap Swim	5:30–7:00am Adult Lap Swim	5:30–7:00am Adult Lap Swim	
7:00–7:45am Lap Swim / Exercise	7:00–7:45am Lap Swim / Exercise	7:00–8:45am Lap Swim / Exercise	7:00–7:45am Lap Swim / Exercise	7:00–7:45am Lap Swim / Exercise	
8:00–8:45am Aqua Fit	8:00–8:45am Low Impact Water Aerobics		8:00–8:45am Low Impact Water Aerobics	8:00–8:45am Aqua Fit	8:30–10:30pm Private Youth Swim Lessons
9:00–9:45am Aqua Zumba®		9:00–9:45am Aqua Fit		9:00–9:45am Aqua Zumba®	8:30–11:30am Lap Swim / Exercise
10:00–10:30am OPEN SWIM	10:00–10:30am OPEN SWIM	10:00–10:30am OPEN SWIM	10:00–10:30am OPEN SWIM	10:00–10:30am OPEN SWIM	
10:30am– 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30–11:30am Group Swim Lessons *Lap Swim Open
					11:30–12:00pm POOL CLOSED
12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–3:30pm OPEN SWIM
2:00–3:00pm POOL CLOSED	2:00–3:00pm POOL CLOSED	2:00–3:00pm POOL CLOSED	2:00–3:00pm POOL CLOSED	2:00–3:00pm POOL CLOSED	No Open Swim on December 14
3:00–4:00pm OPEN SWIM	3:00–4:00pm OPEN SWIM	3:00–4:00pm OPEN SWIM	3:00–4:00pm OPEN SWIM	3:00–6:00pm OPEN SWIM	
3:00–5:00pm Private/Semi- Private Lessons	3:00–5:00pm Private/Semi- Private Lessons	3:00–5:00pm Private/Semi- Private Lessons	3:00–5:00pm Private/Semi- Private Lessons	3:00–5:00pm Private/Semi- Private Lessons	
5:00–5:45pm Aqua Fit *Lap Lane Closed	5:00–6:00pm Group Swim Lessons *Lap Lane Closed	5:00–5:45pm Aqua Fit *Lap Lane Closed	5:00–6:00pm Group Swim Lessons *Lap Lane Closed	5:00–6:00pm Group Swim Lessons	
			5:30–6:00pm Parent & Child Swim Class		
6:00–7:30pm Swim Team Practice POOL CLOSED	6:00–7:30pm Swim Team Practice POOL CLOSED	6:00–7:30pm Swim Team Practice POOL CLOSED	6:00–7:30pm Swim Team Practice POOL CLOSED	6:00–7:30pm Swim Team Practice POOL CLOSED	

WARREN COUNTY YMCA

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