

## **INDOOR POOL SCHEDULE**

## **WARREN COUNTY YMCA**

November 1 - November 30, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-7:00am Adult Lap Swim					
7:00–7:45am Lap Swim / Exercise	7:00-7:45am Lap Swim / Exercise	7:00-8:45am Lap Swim / Exercise	7:00-7:45am Lap Swim / Exercise	7:00-7:45am Lap Swim / Exercise	
8:00-8:45am Aqua Fit	8:00-8:45am Low Impact Water Aerobics		8:00-8:45am Low Impact Water Aerobics	8:00-8:45am Aqua Fit	8:30-10:30pm Private Youth Swim Lessons
9:00-9:45am Aqua Zumba®		9:00-9:45am Aqua Fit		9:00-9:45am Aqua Zumba®	8:30-11:30am Lap Swim / Exercise
10:00-10:30am OPEN SWIM					
10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30-11:30am Group Swim Lessons *Lap Swim Open
					11:30-12:00pm POOL CLOSED
12:00–2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-3:30pm OPEN SWIM
2:00-3:00pm POOL CLOSED					
3:00-4:00pm OPEN SWIM	3:00-4:00pm OPEN SWIM	3:00-4:00pm OPEN SWIM	3:00-4:00pm OPEN SWIM	3:00-6:00pm OPEN SWIM	
3:00-5:00pm Private/Semi- Private Lessons					
5:00-5:45pm Aqua Fit	5:00-6:00pm Group Swim Lessons	5:00-5:45pm Aqua Fit	5:00-6:00pm Group Swim Lessons	5:00-6:00pm Group Swim Lessons	
*Lap Lane Closed	*Lap Lane Closed	*Lap Lane Closed	*Lap Lane Closed		
			5:30-6:00pm Parent & Child Swim Class		
6:00-7:30pm Swim Team Practice POOL CLOSED					