



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH SWIM LESSONS

## WARREN COUNTY YMCA

### Private/Semi-Private Lessons

#### Ages 3 & Up

Group Swim Lessons (up to 6 children per lesson) are not for everyone. Whether your child learns better in a one-on-one environment or in a small group of 2-3 children (Private Lessons), or you prefer the convenience of planning their lessons around a busy schedule, we can accommodate you. If

interested, call us at 309-734-3183, stop by the Front Desk to inquire, or

email Ben Davis, Youth Development Director at [ben@warrencountyyymca.org](mailto:ben@warrencountyyymca.org) for additional info.

**Monday-Friday 3:00-7:00 p.m. (Depending on Instructor Availability)**

**Saturday 8:30-10:30 a.m. (Depending on Instructor Availability)**

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### Group Swim Lessons

#### Level 1: Beginner

##### Ages 3-5 Years

This class teaches children how to paddle on their front and back with a float belt, as well as other basic skills appropriate for this age.. Children will build their confidence and become more comfortable in the water.

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#### Level 2: Advanced Beginner

##### Ages 3-5 Years

This class teaches children to swim further distances and helps children master their swimming skills more often without the use of a float belt. Children will begin to develop coordinated strokes on their front and back. Children will start to become more independent in the water and will be more prepared for our intermediate level classes. Completion of Level 1 required.

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#### Level 3: Intermediate Beginner

##### Ages 6-12 Years

This class is designed for older students, or advanced swimmers. This class focuses on gaining confidence in the water, floating and gliding on their front and back, and begin basic stroke development skills.

Time to get away from float belts!

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#### Level 4: Advanced Intermediate

##### Ages 6-12 Years

This classes teaches students to begin to perfect the front crawl with rhythmic breathing, and perfecting how to do backstroke. Students will start building endurance and coordination in the water. Successful completion of Level 3 is required.



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### Level 5: Advanced Ages 6-12 Years

This class is designed to help intermediate and advanced level swimmers work together to complete goals. The class practices and reviews skills learned and mastered in Level 4 and helps students achieve even more advanced skills. Successful completion of Level 4 required.



### Level 6: Swimming & Skills Proficiency Ages 6-12 Years

This class is designed to help children work together. This class practices and reviews all the skills learned in prior levels, as well as continues learning and advancement on even more advanced skills that lead towards future swim goals. Successful completion of Level 5 required.



### Group Lessons Schedule: September-October Schedule (Including New Classes & Times)

Tuesday	Thursday	Friday	Saturday
5:00pm-5:30pm Level 1 Level 3	5:00pm-5:30pm Level 1-2 (Combined) Level 3	5:00pm-5:30pm Level 1-2 (Combined)	10:30am-11:00am Level 4-5-6 (Combined)
5:30pm-6:00pm Level 2 Level 4-5 (Combined)	5:30pm-6:00pm Level 4-5-6 (Combined)	Level 3-4 (Combined)	11:00am-11:30am Level 1-2-3 (Combined)

#### Session:

September-October

September 9th-October 31st

#### Registration

#### Open:

August 15th, 2024

#### Group Lessons:

(Per Child & 2-Month Session)

Members: \$55

Non-Members: \$80

#### Private Lessons:

(Per Child & 2-Month Session)

Members: \$80

Non-Members: \$105

Scan the QR code to Register ONLINE for Group Lessons. Call us at (309) 734-3183 or register in person for Private Lessons.

