



FOR YOUTH DEVELOPMENT™  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# INDOOR POOL SCHEDULE

WARREN COUNTY YMCA

August 26 – August 31 , 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	
7:00-7:45am Lap Swim / Exercise	7:00-7:45am Lap Swim / Exercise	7:00-8:45am Lap Swim / Exercise	7:00-7:45am Lap Swim / Exercise	7:00-7:45am Lap Swim / Exercise	
8:00-8:45am Aqua Fit	8:00-8:45am Low Impact Water Aerobics	8:00-8:45am Aqua Fit	8:00-8:45am Low Impact Water Aerobics	8:00-8:45am Aqua Fit	8:30-10:30pm Private Swim Lessons
9:00-9:45am Aqua Zumba®	9:00-10:00am Lap Swim / Exercise	9:00-9:45am Aqua Zumba®	9:00-10:00am Lap Swim / Exercise	9:00-9:45am Aqua Zumba®	8:30-11:30am Lap Swim / Exercise
10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	
10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30-11:30am Group Swim Lessons *Lap Lane Open for Lap Swim
					11:30-2:00pm POOL CLOSED
12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	
2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	
3:00-7:00pm OPEN SWIM	3:00-7:00pm OPEN SWIM	3:00-7:00pm OPEN SWIM	3:00-7:00pm OPEN SWIM	3:00-6:30pm OPEN SWIM	

WARREN COUNTY YMCA

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