



FOR YOUTH DEVELOPMENT™  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# SAUNA SCHEDULE

WARREN COUNTY YMCA

July 1 - 31, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-10:30am SAUNA OPEN	5:30-10:30am SAUNA OPEN	5:30-10:30am SAUNA OPEN	5:30-10:30am SAUNA OPEN	5:30-10:30am SAUNA OPEN	
					8:30-11:30pm SAUNA OPEN
10:30-12:00pm SAUNA CLOSED	10:30-12:00pm SAUNA CLOSED	10:30-12:00pm SAUNA CLOSED	10:30-12:00pm SAUNA CLOSED	10:30-12:00pm SAUNA CLOSED	
					11:30-2:00pm SAUNA CLOSED
12:00-2:00pm SAUNA OPEN	12:00-2:00pm SAUNA OPEN	12:00-2:00pm SAUNA OPEN	12:00-2:00pm SAUNA OPEN	12:00-2:00pm SAUNA OPEN	
2:00-3:00pm SAUNA CLOSED	2:00-3:00pm SAUNA CLOSED	2:00-3:00pm SAUNA CLOSED	2:00-3:00pm SAUNA CLOSED	2:00-3:00pm SAUNA CLOSED	
3:00-7:00pm SAUNA OPEN	3:00-7:00pm SAUNA OPEN	3:00-7:00pm SAUNA OPEN	3:00-7:00pm SAUNA OPEN	3:00-6:30pm SAUNA OPEN	

**Please note: The Sauna is only open when the Indoor Pool is open, and a lifeguard is on duty.**

WARREN COUNTY YMCA

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