

# YOUTH SWIM LESSONS WARREN COUNTY YMCA

## Private/Semi-Private Lessons

### Ages 3 & Up

Group Swim Lessons (up to 6 children per lesson) are not for everyone. Whether your child learns better in a one-on-one environment or in a small group of 2-3 children (Private Lessons), or you prefer the convenience of planning their lessons lessons around a busy schedule, we can accommodate you. If interested, call us at 309-734-3183, stop by the Front Desk to inquire, or email Ben Davis, Youth Development Director at ben@warrencountyymca.org for additional info.

Monday-Friday 3:00-7:00 p.m. (Depending on Instructor Availability) Saturday 8:30-10:30 a.m. (Depending on Instructor Availability)

# Preschool Aged Group Swimming Lessons Ages 3–5 Years

#### Level 1: Beginner

This class teaches children how to paddle on their front and back with a float belt, as well as other basic skills appropriate for this age and beginner skill level. Children will build their confidence and become more comfortable in the water.

#### Level 2: Advanced Beginner

This class teaches children to swim further distances and helps children master swimming more often without the use of a float belt. Children will begin to develop coordinated strokes on the front and back. Children will start to become more independent in the water and more prepared for Intermediate level classes. Completion of Level 1 required.

## Older Student Group Swimming Lessons Ages 6-12 Years

#### Level 3: Intermediate Beginner

This class is designed for older students, or advanced youngsters. This class focuses on gaining confidence in the water, floating and gliding on the front and back, as well as beginning basic stroke development skills and doing so while getting away from the use of float belts. No past swimming experience is necessary.



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#### Level 4: Advanced Intermediate

This classes teaches students to begin to perfect the front crawl with rhythmic breathing, as well as perfecting backstroke. They also start building endurance and coordination in the water. Successful completion of Level 3 is required.

#### Level 5: Advanced

This class is designed to help intermediate and advanced level swimmers work together to complete goals. The class practices and reviews skills learned and mastered in Level 4 and helps students achieve even more advanced skills. Successful completion of Level 4 required.

#### Level 6: Swimming & Skills Proficiency

This class is designed to help children work together. This class practices and reviews all the skills learned in prior levels, as well as continues learning and advancement on even more advanced skills that lead towards future swim goals. Successful completion of Level 5 required.

### Group Lessons Schedule: July-August Schedule (Including New Classes & Times)

TUESDAYS: Level 1 - 5:00-5:30pm Level 2 - 5:00-5:30pm Level 3 - 5:30-6:00pm Level 4-5 (Combined) - 5:30-6:00pm THURSDAYS: Level 1-2 (Combined) - 4:00-4:30pm Level 1-2(Combined) - 5:00-5:30pm\* \*This is a shortened session class running July 25-August 24 (5 Weeks) Level 3-4 (Combined) - 5:30-6:00pm Level 5-6 (Combined) - 5:30-6:00pm

WEDNESDAYS: Level 3-4 (Combined) 5:00-5:30pm\* \*This is a shortened session class running July 25-August 24 (5 Weeks)

FRIDAYS: Level 1-2 (Combined) 5:00-5:30pm

SATURDAYS: Level 4-5-6 (Combined) 10:30-11:00am Level 1-2-3 (Combined) 11:00-11:30am

**Session: July-August** July 1-August 24 **Registration Open:** June 15, 2024

(Per Child & 2-Month Session) Members: \$55 Non-Members: \$80

**Group Lessons:** Private Lessons: (Per Child & 2-Month Session) Members: \$80 Non-Members: \$105



