



FOR YOUTH DEVELOPMENT™
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

INDOOR POOL SCHEDULE

WARREN COUNTY YMCA

July 1 – July 31, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30–7:00am Adult Lap Swim	5:30–7:00am Adult Lap Swim	5:30–7:00am Adult Lap Swim	5:30–7:00am Adult Lap Swim	5:30–7:00am Adult Lap Swim	
7:00–7:45am Lap Swim / Exercise	7:00–7:45am Lap Swim / Exercise	7:00–8:45am Lap Swim / Exercise	7:00–7:45am Lap Swim / Exercise	7:00–7:45am Lap Swim / Exercise	
8:00–8:45am Aqua Fit	8:00–8:45am Low Impact Water Aerobics	8:00–8:45am Aqua Fit	8:00–8:45am Low Impact Water Aerobics	8:00–8:45am Aqua Fit	8:30–10:30pm Private Swim Lessons
9:00–9:45am Aqua Zumba®	9:00–10:00am Lap Swim / Exercise	9:00–9:45am Aqua Zumba®	9:00–10:00am Lap Swim / Exercise	9:00–9:45am Aqua Zumba®	8:30–11:30am Lap Swim / Exercise
10:00–10:30am OPEN SWIM	10:00–10:30am OPEN SWIM	10:00–10:30am OPEN SWIM	10:00–10:30am OPEN SWIM	10:00–10:30am OPEN SWIM	
10:30am– 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30–11:30am Group Swim Lessons *Lap Lane Open for Lap Swim
					11:30–2:00pm POOL CLOSED
12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	
2:00–3:00pm POOL CLOSED	2:00–3:00pm POOL CLOSED	2:00–3:00pm POOL CLOSED	2:00–3:00pm POOL CLOSED	2:00–3:00pm POOL CLOSED	
3:00–7:00pm Private/Group Swim Lessons *Lap Lane Open for Lap Swim	3:00–7:00pm Private/Group Swim Lessons *Lap Lane Open for Lap Swim	3:00–7:00pm Private/Group Swim Lessons *Lap Lane Open for Lap Swim	3:00–7:00pm Private/Group Swim Lessons *Lap Lane Open for Lap Swim	3:00–6:30pm Private/Group Swim Lessons & Adult Lap Swim/Exercise	
NO AFTERNOON OR EVENING OPEN SWIM DURING THE SUMMER	NO AFTERNOON OR EVENING OPEN SWIM DURING THE SUMMER	NO AFTERNOON OR EVENING OPEN SWIM DURING THE SUMMER	NO AFTERNOON OR EVENING OPEN SWIM DURING THE SUMMER	NO AFTERNOON OR EVENING OPEN SWIM DURING THE SUMMER	NO AFTERNOON OPEN SWIM DURING THE SUMMER

WARREN COUNTY YMCA

700 West Harlem Avenue, Monmouth, IL 61462

P 309 734 3183 F 309 734 7347 warrencountyyymca.org