



May 2022 - Youth Volleyball Clinic Ends May 7th. Open Gym on  
 Saturdays 8-4pm starting May 14th  
 Gym @ Warren County YMCA  
 May 1st - May 31st

700 West Harlem Ave  
 Monmouth, IL 61462  
 3097343183

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	<b>Pickleball</b> 5am - 9am	<b>Y-Walk</b> 5am - 9am	<b>Half Gym Pickleball/ Half Gym Y-Walk</b> 5am - 9am	<b>Y-Walk</b> 5am - 9am	<b>Pickleball</b> 5am - 9am		
8am						<b>Youth Volleyball Clinic</b> 8am - 12pm	
9am	<b>Open Gym</b> 9am - 11am	<b>Pickleball</b> 9am - 1pm	<b>Open Gym</b> 9am - 11am	<b>Pickleball</b> 9am - 1pm	<b>Open Gym</b> 9am - 11am		
11am	<b>Adult Basketball</b> 11am - 1pm		<b>Adult Basketball</b> 11am - 1pm		<b>Adult Basketball</b> 11am - 1pm		
12pm						<b>Open Gym</b> 12:15pm - 4pm	
1pm	<b>Open Gym</b> 1pm - 8pm	<b>Open Gym</b> 1pm - 8pm	<b>Open Gym</b> 1pm - 8pm	<b>Open Gym</b> 1pm - 8pm	<b>Open Gym</b> 1pm - 6:30pm		
6pm					<b>Special Olympics</b> 6:30pm - 8pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.