



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**



**WARREN COUNTY YMCA
TUMBLING AND GYMNASTICS
CLASS SCHEDULE**

ALL CLASSES ARE ONCE A WEEK WITH DIFFERENT DAY OPTIONS

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>
LEVEL 2 4:30 - 5:15 PM	LEVEL 1 4:30 - 5:00 PM	LIL NINJA CREW (Beginners 3-5 years) 4:30 - 5:00 PM	LEVEL 2 4:30 - 5:15 PM
LEVEL 3 5:25 - 6:25 PM	PARENT TOT: 5:05 - 5:35 PM	NINJA CREW LEVEL 1 (5-7 years) 5:05 - 5:35 PM	LEVEL 1 4:40 - 5:10 PM
LEVEL 4 6:30 - 7:30 PM	LEVEL 3 5:40 - 6:40 PM	NINJA CREW LEVEL 2 (8-10 years) 5:15 - 5:45 PM	LEVEL 2 5:25 - 6:10 PM
	LEVEL 4 6:45 - 7:45 PM	NINJA CREW LEVEL 1 (5-7 years) 5:50 - 6:20 PM	LEVEL 4 5:30 - 6:30 PM
		NINJA CREW LEVEL 2 (8-10 years) 5:55 - 6:25 PM	LEVEL 3 6:15 - 7:15 PM
		ADVANCED NINJA CREW INVITE ONLY 6:30 - 7:15 PM	LEVEL 5 6:30 - 7:30 PM
		CHEER TUMBLING 7:00 - 8:00 PM	
PARENT TOT	LEVEL 1	LEVEL 2	LEVEL 3
LEVEL 4	LEVEL 5	LIL NINJA CREW	NINJA CREW LEVEL 1
NINJA CREW LEVEL 2	ADVANCED NINJA CREW	CHEER TUMBLING	



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Tumbling and Gymnastic Classes

All classes run month to month.

Registration opens on the 15th of each month for the next months classes.

Parent Tot - This is a parent assisted tumbling class for children walking through 2 years of age. The child must be able to fully walk on their own. **Members \$30 Nonmembers \$50**

Level 1 - This is a beginner 30 min tumbling class for 3 year old's. Children not potty trained must have a parent stay during class time. **Members \$30 Nonmembers \$50**

Level 2 - This class is a 45 min class designed for ages 4 and 5 or for advanced level 1 participants. Children not potty trained must have a parent stay during class time. **Members \$40 Nonmembers \$60**

Level 3 - Level 5 - These classes are 1 hour long. Level 3 and up are designed for ages 6 and up or for participants that have advanced past level 2. You must be placed in level 4 and 5 by an instructor and have advanced each pervious level. **Members \$50 Nonmembers \$70**

Lil Ninja Crew (3 - 5 not in kindergarten) - This is a 30 min program, designed for children between 3 and 5 years of age that have not started kindergarten yet. It is an action packed class that combines tumbling, gymnastics and martial arts skills. **Members \$30 Nonmembers \$50**

Ninja Crew Level 1 (5 – 7 year's old) - This program is a 30 min, action packed class that combines tumbling, gymnastics and martial arts skills. **Members \$30 Nonmembers \$50**

Ninja Crew Level 2 (8-10 year's old) - This program is a 30 min, action packed class that combines tumbling, gymnastics and martial arts skills. **Members \$30 Nonmembers \$50**

Advanced Ninja Crew (INVITE ONLY) - This program is a 45 min, action packed class that combines tumbling, gymnastics and martial arts skills. **Members \$40 Nonmembers \$60**

Cheer Tumbling - This class is designed for ages 12 - 17 and focuses on the main tumbling skills needed for cheerleading. This class have a max of 10 participants. **Members \$50 Nonmembers \$70**

