



January 2022 - GYM SCHEDULE  
 Gym @ Warren County YMCA  
 January 2nd - January 31st

700 West Harlem Ave  
 Monmouth, IL 61462  
 3097343183

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	<b>Pickleball</b> No Instructor 5am - 9am	<b>Y-Walk</b> No Instructor 5am - 9am	<b>Half Gym Pickleball/ Half Gym Y-Walk</b> No Instructor 5am - 9am	<b>Y-Walk</b> No Instructor 5am - 9am	<b>Pickleball</b> No Instructor 5am - 9am		
8am						<b>Youth Basketball Leagues</b> No Instructor 8am - 2:15pm	
9am	<b>Open Gym</b> 9am - 11am	<b>Pickleball</b> No Instructor 9am - 1pm	<b>Open Gym</b> 9am - 11am	<b>Pickleball</b> No Instructor 9am - 1pm	<b>Open Gym</b> 9am - 11am		
11am	<b>Adult Basketball</b> No Instructor 11am - 1pm		<b>Adult Basketball</b> No Instructor 11am - 1pm		<b>Adult Basketball</b> No Instructor 11am - 1pm		
1pm	<b>Open Gym</b> 1pm - 8pm	<b>Open Gym</b> 1pm - 8pm	<b>Open Gym</b> 1pm - 8pm	<b>Open Gym</b> 1pm - 8pm	<b>Open Gym</b> 1pm - 6:30pm		
2pm						<b>Open Gym</b> 2:15pm - 4pm	
6pm					<b>Special Olympics</b> 6:30pm - 8pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.