



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

WARREN COUNTY YMCA

June 7 – July 31, 2021 Revised

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	
7:00-8:00am Lap Swim / Exercise	7:00-8:00am Lap Swim / Exercise	7:00-8:00am Lap Swim / Exercise	7:00-8:00am Lap Swim / Exercise	7:00-8:00am Lap Swim / Exercise	
8:00-8:45am Deep Water Exercise	8:00-8:45am Silversneakers Splash®	8:00-8:45am Deep Water Exercise	8:00-8:45am Silversneakers Splash®	8:00-8:45am Deep Water Exercise	
					8:30-10:30am Lap Swim/Exercise Swim Lessons
9:00-9:45am Aqua Fit	9:00-10:00am Lap Swim / Exercise	9:00-10:00am Lap Swim / Exercise	9:00-10:00am Lap Swim / Exercise	9:00-9:45am Aqua Zumba®	
10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	
10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30-11:30am Group Swim Lessons
					11:30-12:00pm POOL CLOSED
12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	
2:00-4:00pm POOL CLOSED	2:00-4:00pm POOL CLOSED	2:00-4:00pm POOL CLOSED	2:00-4:00pm POOL CLOSED		
4:00-7:00pm Private/Semi- Private Lessons	4:00-6:00pm Private/Semi- Private Lessons	4:00-7:00pm Private/Semi- Private Lessons	4:00-6:00pm Private/Semi- Private Lessons	5:00-7:30pm Special Olympics Swim	
	6:00-7:00pm Group Swim Lessons		6:00-7:00pm Group Swim Lessons		

***Adults are welcome to Lap Swim in the Lap Lane or Exercise in the Deep End of the pool from 4-7pm Monday-Thursday during lessons.**

*For Pool Time info, ask Tom Sparkman. For Aqua Fitness info, ask Staci Bass. For swim lesson info, ask Ben Davis

WARREN COUNTY YMCA

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