



October 2020  
 Gym @ Warren County YMCA  
 October 1st - October 31st

700 West Harlem Ave  
 Monmouth, IL 61462  
 3097343183

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Pickleball 5am - 9am	Y-Walk 5am - 9am	Half Gym Pickleball/ Half Gym Y-Walk 5am - 9am	Y-Walk 5am - 9am	Pickleball 5am - 9am		
8am						Open Gym 8am - 2pm	
9am	Open Gym 9am - 11am	Pickleball 9am - 11am	Open Gym 9am - 11am	Pickleball 9am - 11am	Open Gym 9am - 11am		
11am	Adult Basketball 11am - 1pm	Open Gym 11am - 8pm	Adult Basketball 11am - 1pm	Open Gym 11am - 8pm	Adult Basketball 11am - 1pm		
1pm	Open Gym 1pm - 8pm		Open Gym 1pm - 8pm		Open Gym 1pm - 6:30pm		
6pm					Special Olympics 6:30pm - 8pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.