



September & October Gym Schedule
 Gym @ Warren County YMCA
 September 14th - October 31st

700 West Harlem Ave
 Monmouth, IL 61462
 3097343183

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Pickleball 5am - 9am	Y-Walk 5am - 9am	Half Gym Pickleball/ Half Gym Y-Walk 5am - 9am	Y-Walk 5am - 9am	Pickleball 5am - 9am		
8am						Open Gym 8am - 2pm	
9am	Open Gym 9am - 8pm	Open Gym 9am - 8pm	Open Gym 9am - 8pm	Open Gym 9am - 8pm			
11am					Open Gym 11:30am - 6:30pm		
6pm					Special Olympics 6:30pm - 8pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.