



FOR YOUTH DEVELOPMENT™
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

WARREN COUNTY YMCA

Fall Session - September 14 – October 31, 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-7:00am Lap Swim / Exercise	5:30-7:00am Lap Swim / Exercise	5:30-7:00am Lap Swim / Exercise	5:30-7:00am Lap Swim / Exercise	5:30-7:00am Lap Swim / Exercise	
7:00-8:00am Lap Swim / Exercise	7:00-8:00am Lap Swim / Exercise	7:00-8:00am Lap Swim / Exercise	7:00-8:00am Lap Swim / Exercise	7:00-8:00am Lap Swim / Exercise	
8:00-8:45am Deep Water Exercise	8:00-8:45am Silversneakers Splash®	8:00-8:45am Deep Water Exercise	8:00-8:45am Silversneakers Splash®	8:00-8:45am Deep Water Exercise	
					8:30-10:30am Lap Swim/Exercise
9:00-9:45am Aqua Fit		9:00-9:45am Aqua Zumba®		9:00-9:45am Aqua Fit	
10:00-10:30am Adult Lap Swim	10:00-10:30am Adult Lap Swim	10:00-10:30am Adult Lap Swim	10:00-10:30am Adult Lap Swim	10:00-10:30am Adult Lap Swim	
10:30am-12:00pm POOL CLOSED	10:30am-12:00pm POOL CLOSED	10:30am-12:00pm POOL CLOSED	10:30am-12:00pm POOL CLOSED	10:30am-12:00pm POOL CLOSED	10:30-11:30am Group Swim Lessons
					11:30-12:00pm POOL CLOSED
12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-1:30pm Open Swim
2:00-4:00pm OPEN SWIM	2:00-4:00pm OPEN SWIM	2:00-4:00pm OPEN SWIM	2:00-4:00pm OPEN SWIM	2:00-4:00pm OPEN SWIM	
4:00-5:30pm Swim Team POOL CLOSED	4:00-5:30pm Swim Team POOL CLOSED	4:00-5:30pm Swim Team POOL CLOSED	4:00-5:30pm Swim Team POOL CLOSED	4:00-5:30pm Swim Team POOL CLOSED	
5:00-7:00pm Private/Semi- Private Lessons	5:00-7:00pm Private/Semi- Private Lessons	5:00-7:00pm Private/Semi- Private Lessons	5:00-7:00pm Private/Semi- Private Lessons		
5:45-6:30pm Aqua Zumba®		5:45-6:30pm Aqua Fit			
	6:00-7:00pm Group Swim Lessons		6:00-7:00pm Group Swim Lessons	5:30-7:30pm Open Swim	
Open Swim 7:00-7:30pm	Open Swim 7:00-7:30pm	Open Swim 7:00-7:30pm	Open Swim 7:00-7:30pm		

*For Pool Time info, ask Tom Sparkman. For Aqua Fitness info, ask Staci Bass. For swim lesson info, ask Ben Davis

WARREN COUNTY YMCA

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