POOL SCHEDULE

WARREN COUNTY YMCA
FALL II Session: OCTOBER 28 – DECEMBER 14, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30–7:00am Lap Swim	5:30–7:00am Lap Swim	5:30–7:00am Lap Swim	5:30–7:00am Lap Swim	5:30–7:00am Lap Swim	
					6:30–8:00am Lap Swim
7:00–8:00am Lap Swim / Exercise	7:00–8:00am Lap Swim / Exercise	7:00–8:00am Lap Swim / Exercise	7:00–8:00am Lap Swim / Exercise	7:00–8:00am Lap Swim / Exercise	8:00–9:00am Lap Swim/ Exercise
8:00–8:45am Deep Water Exercise	8:00–8:45am Aqua Fit	8:00–8:45am Deep Water Exercise	8:00–8:45am Aqua Fit	8:00–8:45am Deep Water Exercise	
9:00–9:45am Aqua Fit	9:00–9:45am H2O Bootcamp POOL CLOSED	9:00–9:45am Aqua Zumba®	9:00–10:00am Lap Swim / Exercise	9:00–9:45am Aqua Fit	9:00–9:45am Aqua Zumba
10:00–10:30am OPEN SWIM	10:00–10:30am OPEN SWIM	10:00–10:30am OPEN SWIM	10:00–10:30am OPEN SWIM	10:00–10:30am OPEN SWIM	10:15–11:00am Swim Lessons
10:30am–12:00pm POOL CLOSED	10:30am –12:00pm POOL CLOSED	10:30am–12:00pm POOL CLOSED	10:30am–12:00pm POOL CLOSED	10:30am–12:00pm POOL CLOSED	11:00–11:30am Swim Lessons
					11:30am–12:00pm POOL CLOSED
12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–3:00pm Lap Swim / Exercise	12:00–3:30pm OPEN SWIM
2:00–2:45pm Silversneakers Splash®	2:00–3:00pm POOL CLOSED	2:00–2:45pm Silversneakers Splash®	2:00–3:00pm POOL CLOSED		
3:00–4:00pm OPEN SWIM	3:00–4:00pm OPEN SWIM	3:00–4:00pm OPEN SWIM	3:00–4:00pm OPEN SWIM	3:00–4:00pm OPEN SWIM	
4:00–5:30pm Swim Team POOL CLOSED	4:00–5:30pm Swim Team POOL CLOSED	4:00–5:30pm Swim Team POOL CLOSED	4:00–5:30pm Swim Team POOL CLOSED	4:00–5:30pm Swim Team POOL CLOSED	
5:45–6:15pm Aqua Fit	5:30–6:00pm Lap Swim	5:45–6:15pm Aqua Fit	5:30–6:00pm Lap Swim	5:30–6:30pm OPEN SWIM	
	6:00–6:30pm Swim Lessons		6:00–6:30pm Swim Lessons		
6:30–7:00pm PARENT/TOT	6:35–7:20pm Swim Lessons	6:30–8:30pm OPEN SWIM	6:35–7:20pm Swim Lessons		
7:15–8:30pm OPEN SWIM	7:30–8:30pm OPEN SWIM		7:30–8:30pm OPEN SWIM		

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