

November 2019 Gym @ Warren County YMCA November 1st - November 30th

700 West Harlem Ave Monmouth, IL 61462 3097343183

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Pickleball 5am - 9am	Y-Walk 5am - 9am	Half Gym Pickleball/ Half Gym Y-Walk 5am - 9am	Y-Walk 5am - 9am	Pickleball 5am - 9am		
6am						Open Gym 6am - 8am	
8am						Youth Basketball Leagues 8am - 1pm	
9am	Open Gym 9am - 11am	Open Gym 9am - 11am	Open Gym 9am - 11am	Open Gym 9am - 11am	Open Gym 9am - 11am		
11am	Adult Basketball 11am - 1pm	Pickleball 11am - 1pm	Adult Basketball 11am - 1pm	Pickleball 11am - 1pm	Adult Basketball 11am - 1pm		
1pm	Open Gym 1pm - 9pm	Open Gym 1pm - 9pm	Open Gym 1pm - 9pm	Open Gym 1pm - 6:45pm	Homeschool P.E. 1:30pm - 2:30pm	Open Gym 1pm - 4pm	
2pm					Open Gym 2:30pm - 5:15pm		Adult Indoor Soccer League 2:45pm - 10pm
5pm					Special Olympics 5:15pm - 6:30pm		
6pm				Adult Volleyball League 6:45pm - 9pm	Open Gym 6:30pm - 7pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.